**COMPETENCE BASED ASSESMENT**

**GRADE 2 YEAR 2020**

**(MONITORING LEARNERS PROGRESS)**

**HYGIENE AND NUTRITION ACTIVITIES TIME:**



NAME:

1. Food eaten early in the morning is called\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(**supper,** **breakfast)**
2. We eat food to\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(grow big, become weak)**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is a bad oral habit.

**(brushing teeth, sucking fingers)**

**Name 3 rooms found in a house**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. The smoke that someone breathes in from other people is called?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(cigarette, second hand smoke)**

1. Contaminated water can make us

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(sick, healthy)** **Name 2 things that are used to wash utensils.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

11. Using water that had been used before is called? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(Re-using, contaminated)**

**Name 3 personal items**

12. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

13. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

14. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

15. Foods eaten between meals are called

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(snacks, lunch)**

**3 foods that taste sweet are**

16. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

17. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

18. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

19. We use \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to clean our nose. **(Handkerchief, towel)**

**Foods we get from animals are**

20. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

21. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

22. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

23. Eating too much food can make us

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(healthy, vomit)**

24. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a body building

food. **(Orange, meat)**

25. We should always \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ our hands before handling foods. **(wash,** **sprinkle)**

**Name 4 items in the kitchen**

26. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

27. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

28. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

29. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

30. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a substance that people smoke **(tea, cigarettes)**

**Match the meal with the time it is taken**

|  |  |  |
| --- | --- | --- |
| 31. | Breakfast | Night |
|  |  |  |
| 32. | Lunch | Morning |
|  |  |  |
| 33. | Supper | Mid-day |
|  |  |  |