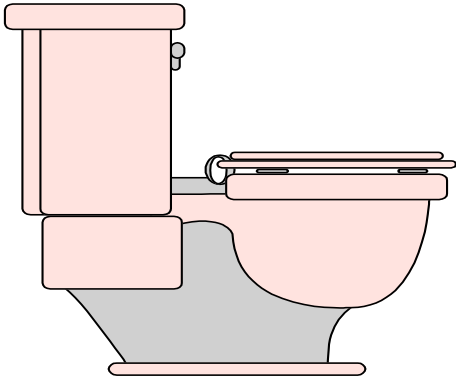


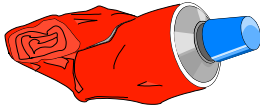
COMPETENCY BASED CURRICULUM
GRADE ONE ASSESSMENT
HYGIENE AND NUTRITION

Name: _____ Grade: _____ Date: _____

I. Name the following.



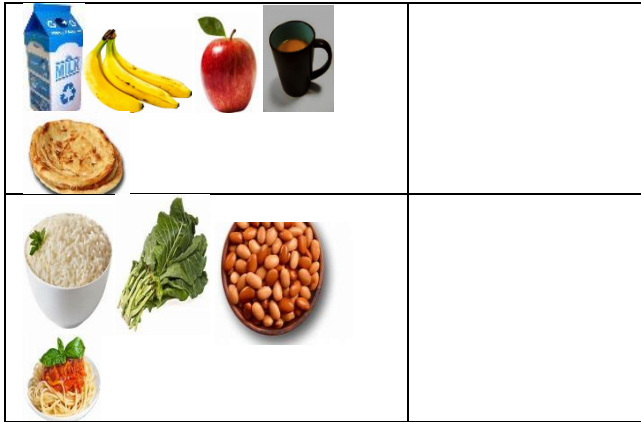
2. We use



----- and
----- to clean our teeth.

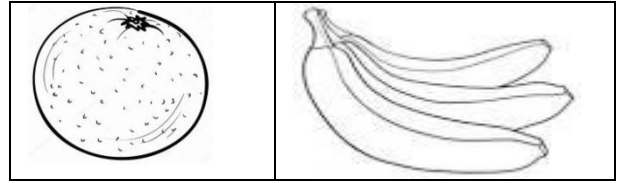


3. Label the foods. Breakfast, lunch.



4. We ----- fruits before eating them

Colour these fruit to show they are ripe.






How to remove teeth in a clean way:

5. Wash your -----
6. Hold the tooth with a -----
Remove the tooth.
7. Put the tooth in a -----

Match the correct name of the medicine

<p>8.</p>	<p>Syrup</p>
<p>9.</p>	<p>injection</p>
<p>10.</p>	<p>capsules</p>

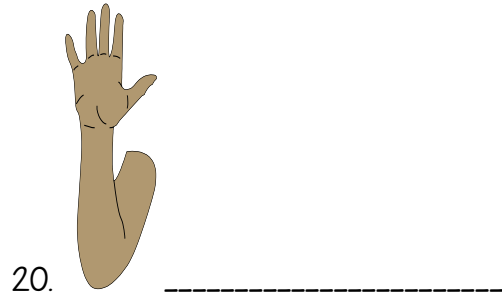
Name these foods that are green in colour

11. 	
12. 	
13. 	

Name these vegetables.

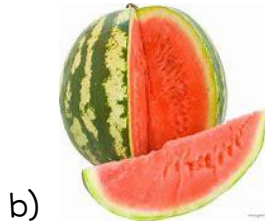
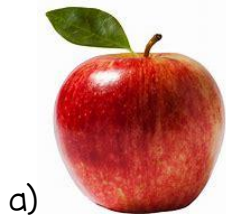


Name the body parts



14. Apples taste _____, lemons taste _____ (sour, sweet)

15. Name the fruits you will eat.

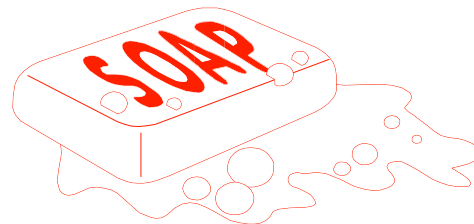
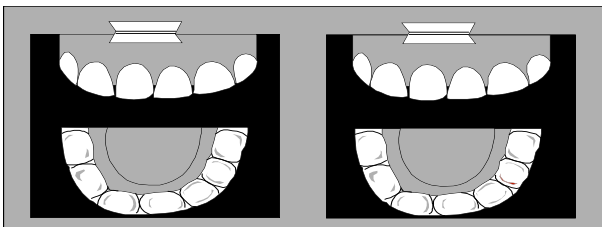


16. Why do we eat? _____

17. Are these healthy teeth or not?

A

B



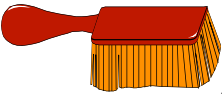
22. We use the above item to _____

Name these cleaning items

23.



24.



Name foods we get from these animals.

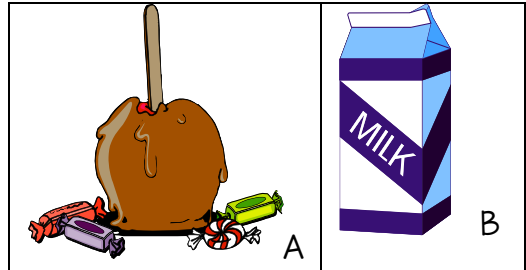
25.		
26.		

Name two foods we buy from the market?

27. _____

28. _____

29. Which picture shows foods that are healthy for our teeth?



30. We can know food by its colour, taste, smell or _____

(touch, type)