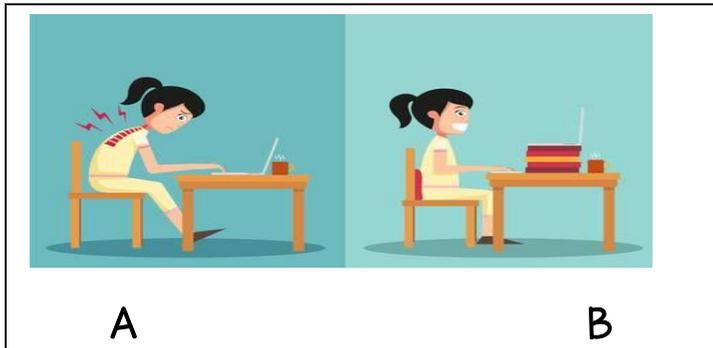


COMPETENCY BASED CURRICULUM
GRADE 3 MIDTERM I 2020 ASSESSMENT
HYGIENE ACTIVITIES

NAME : _____ STREAM: _____ DATE: _____

1. Name three healthy habits.

2. Identify the good sitting posture.



3. Lack of food causes _____ in our bodies.

4. When our feet are dirty and we do not wear shoes we get _____.

5. Name two parasites that come because of dirt.

6. A doctor who looks after teeth is called _____.



7. Name the healthy foods we get from this animal.



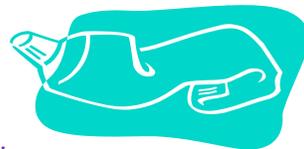
8. We should sit in a good posture to avoid _____ aches.

9. Regular foods help one to have a good _____ (body, name, health)

10. When do we brush our teeth?

11. Name two foods that can cause teeth cavities.

12. New teeth that grows after milk teeth are shed are called _____ teeth (new, milk, permanent)



13. This is a _____.

14. It is used together with a _____ to brush the teeth.

15. Write the names of these cleaning materials.



16. State three cleaning tasks.

