**441/3**

**HOME SCIENCE (FOODS AND NUTRITION)**

**Paper 3**

**PRACTICAL**

**January 2021**

**1 ¾ hours**

**KASSUJET EXAMINATION 2021**

**THE KENYA NATIONAL EXAMINATIONS COUNCIL**

**Kenya Certificate of Secondary Education**

**HOME SCIENCE (FOODS AND NUTRITION)**

**Paper 441/3**

**PRACTICAL**

**1 ¾ hours**

PLANNING SESSION: 30 minutes

PRACTICAL TEST SESSION: 1¾ hours

**Instructions to candidates**

1. ***Read the test carefully.***
2. ***Write your name and index number on every sheet of paper used.***
3. ***Text books and recipe books may be used during the planning session as reference materials.***
4. ***You will be expected to keep to your order of work during the practical session.***
5. ***You are only allowed to take away your reference materials at the end of the planning session.***
6. ***You are NOT allowed to bring additional notes to the practical session.***

**This paper consists of 2 printed pages**

**Candidates should check to ensure that both pages are printed pages**

**THE TEST**

During the holiday your elderly aunt visited your home with a sick nephew who is suffering from Goiter . They will spend the evening in your home then leave for the hospital in the morning. As you prepare the meal, remember your nephew is feeding on liquids only. Using the ingredients listed below prepare cook and serve:

1. A one-course dinner for two, include a stimulating drink.
2. Prepare a suitable food item for your nephew

**Ingredients**

Pumpkin

Maize meal

Liver

Spinach

Milk

Tea leaves

Onions

Tomatoes

Green pepper

Dhania

Cooking oil/fat

Salt

Sugar

**PLANNING SESSION – 30 MINUTES**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows.

1. Identify the food items and write down their recipes.
2. Write down your order of work
3. Make a list of food stuffs, materials and equipment you will require