

NAME:INDEX NO.:.....

SCHOOL:SIGNATURE :.....

DATE:

441/3

HOMESCIENCE

(FOOD AND NUTRITION)

PAPER 3

PRACTICAL

TIME: 1 ¾ HOURS

SAMIA JOINT EXAMINATION 2021

Kenya Certificate of Secondary Education (KCSE)

INSTRUCTIONS TO CANDIDATES

- a) Read the test carefully
- b) Write your name and index number on every sheet of paper used.
- c) You are advised to spend 30 minutes to come up with a plan of work which will be used for the practical
- d) Textbooks and recipes may be used during the planning session as reference materials.
- e) You will be expected to keep to your order to work during the practical session.
- f) You are **allowed** to take away your reference materials at the end of the planning session.
- g) You are **not** allowed to bring **additional notes** to the practical session.

THE TEST

you and your two friends are going out on a picnic. prepare, cook and pack two 4.00pm o'clock tea items for the three of you. Include a suitable beverage and a fruit.

INGREDIENTS

- Fat/oil
- Salt
- Eggs
- Sugar
- Cocoa/tea leaves
- Self raising wheat/plain wheat flour
- Baking powder
- Milk
- Arrow roots/sweet potatoes.
- Mango/orange /ripe banana

PLANNING SESSION: 30 MINUTES

Use separate sheets of paper for each task below and carbon paper to produce duplicate copies. Then proceed as follows:

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of the food stuffs and equipment you will require.