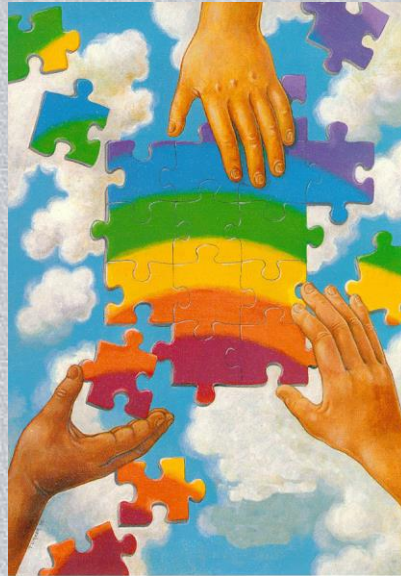
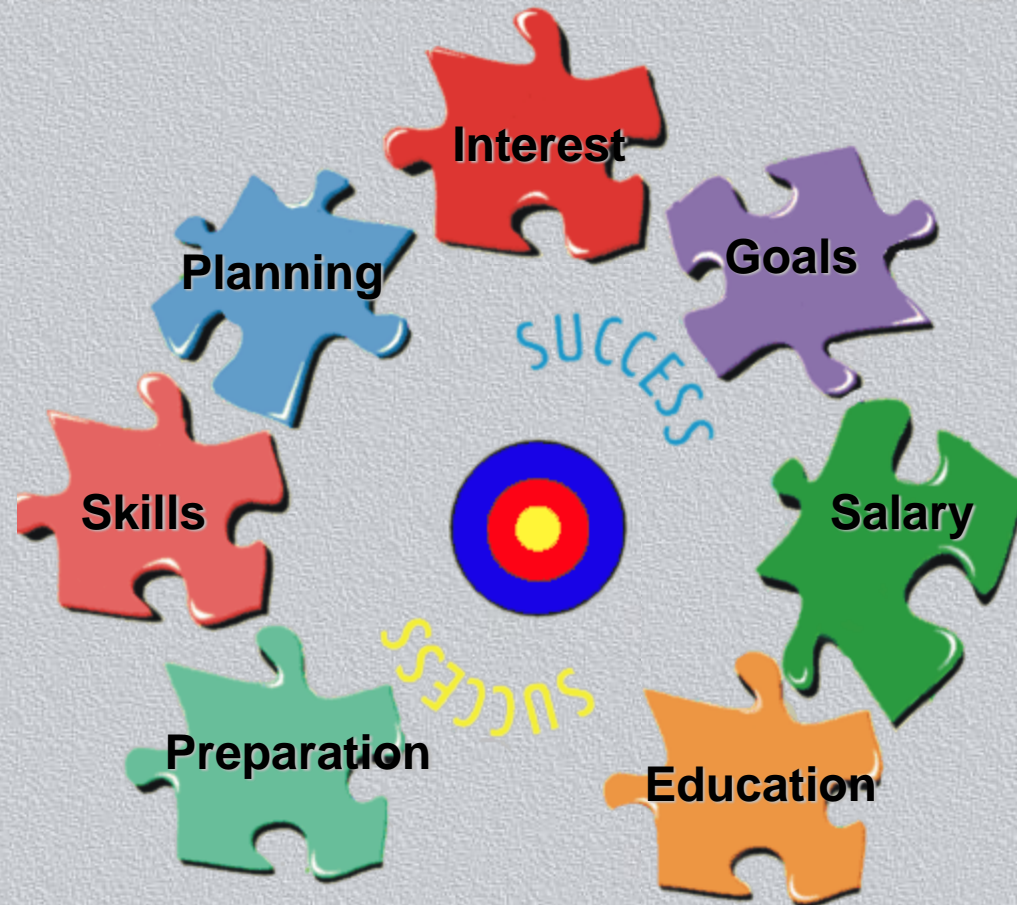


Career Choices

Putting the Pieces Together

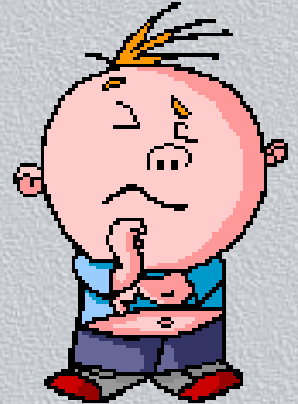


Career Choices



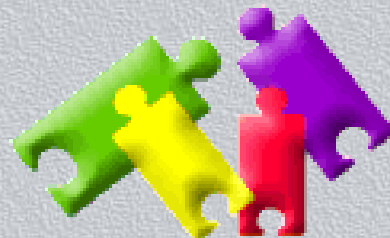
Planning

- **Steps:**
 - What are your interests?
 - What do you want to be?
 - What are your skills?
 - What types of careers fit your skills and interests?
 - How do you prepare for the career?



Interest

- What are your interests?
 - What do you like to do? Think about experiences you have enjoyed. What kind of school, religious, social, or sports activities do you like?



Interest



- What are your interests?
 - Make a list of 10 activities you have enjoyed doing in the past four years.



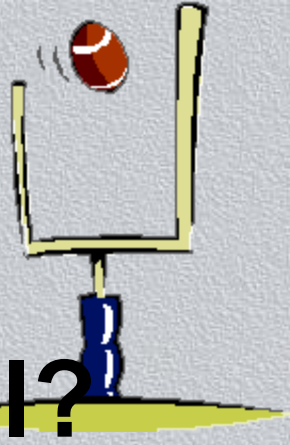
Interest



- What are your interests?
 - Evaluate those interests. Think about what you liked about the activities. What challenges did the activities offer? What skills do you need to develop further to continue in those activities?



Career Goal



- **What is your Career Goal?**

A career goal helps you focus on what you want to do for a living. A career goal can be a specific job you want to do -- such as doctor or teacher -- or a career goal can be a particular field you want to work in, such as medicine or education.



Career Goal

- **What is your Career Goal?**

Rather than limiting your future, a career goal may help you discover career possibilities that you wouldn't have thought of otherwise.



Career Goal

- **What is your Career Goal?**

A career goal will also guide you into doing what you want with your life -- rather than just drifting into a job.



Career Goal

- **What is your Career Goal?**

Generally, a career goal is based on your skills and interests, career possibilities, and job trends.



Career Goal

- **What is your Career Goal?**

Once you have chosen a career, think strategically about the steps to accomplish your goal.

Understanding and accomplishing your career goal will be a lot easier if you create a career plan.



Career Goal

- **What is your Career Goal?**

A career plan determines your skills and interests, what career best suits your talents, and what skills and training you need for your chosen career.

<http://www.mapping-your-future.org/planning/>

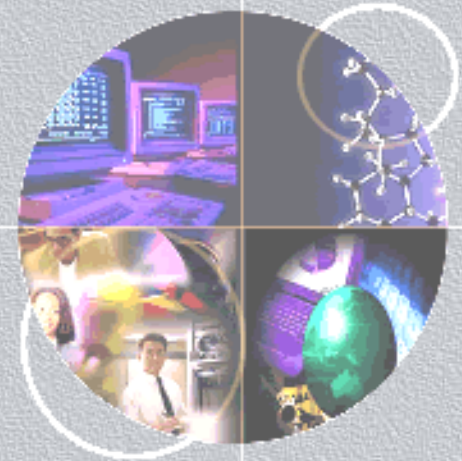


Skills

- What are your skills?
 - Evaluate school, volunteer, work, or leisure experiences.



Skills



- What are your skills?
 - Make a list of your school activities (clubs, organizations to which you belonged). Make a list of any volunteer work you have done (either through social, civic or religious organizations).



Skills



- What are your skills?
 - After you have assessed your interests and skills, determine the relationship between skills and interests and possible careers. You may need to research types of careers.

<http://www.mapping-your-future.org/planning/>



Career + Skills

- What types of careers fit your skills and interest?
 - Use the Occupational Handbook below to locate a career.


**Occupational
Handbook**

Preparation

- How do you prepare for the career?
 - **Selecting A School**

The courses you take in high school, the grades you make, your class rank, the results of your standardized tests, and the life experiences you have all play a part in determining whether or not a college will admit you.



Preparation

- How do you prepare for the career?
Familiarize yourself with the different types of schools.



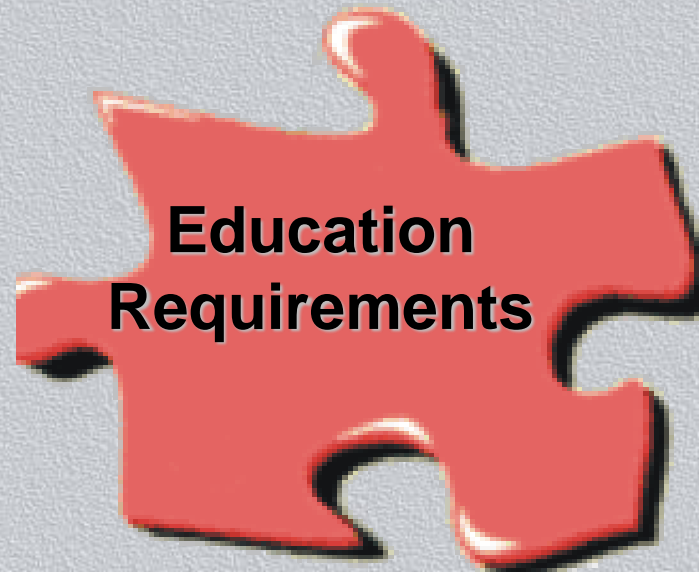
Preparation

- How do you prepare for the career?
Find out what characteristics to look for when selecting a school.



Education

- What education is required for your chosen career?



Interests

- **Middle school is a perfect time to explore your interests seriously and to begin investigating your career choices.**



**What are Your
Interests?**



Career Choices

- Information on different careers can be found at First Gov for Kids by clicking the puzzle piece below.



Salary

- Explore the salary information at the Career Journal by clicking the puzzle piece below.



Career Trends

- **Minnesota Careers provides information on career trends and options .**



Career Choices

- Work through units 1-3 at the site below and find cool careers, income information, and take the Work Quiz.



Work World

- **Activities designed to help you understand how to succeed in the work world.**



Interest

- **Print and complete the Interest Assessment below .**



**Interest
Assessment**



Interest

- Complete steps 4-5 at the site below.

Scroll down
to locate
Steps 4-5!

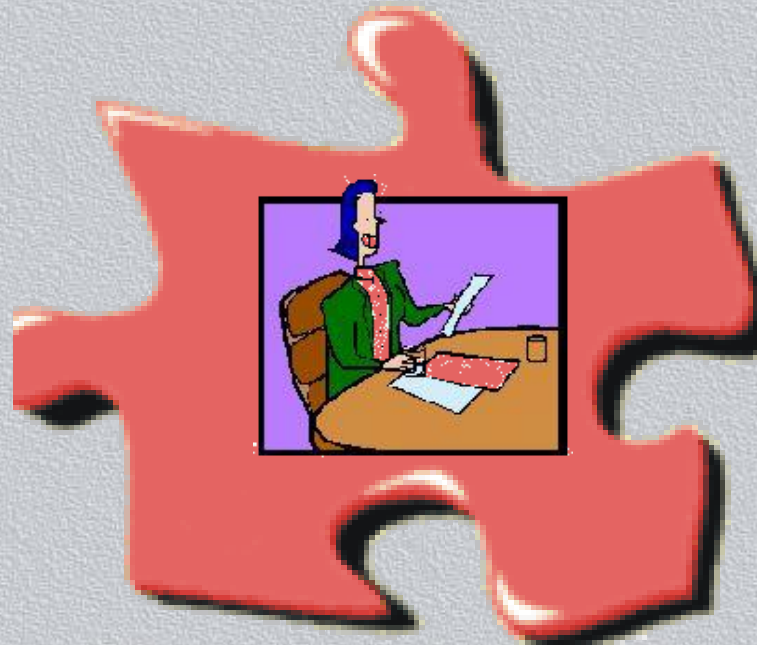


**Interest
Assessment**



Explore

- Ask adults questions about their jobs. They'll be happy you asked.



Explore

- Have them tell you what they enjoy most about their jobs...and what they enjoy least! Ask them what skills someone must possess to be successful in that occupation.



Explore

- Find out what high school and/or college classes are important to their field. Ask how much education is required for their career.



Jobs People Do

- Explore the Jobs People Do at the site below.



Work through
the text on the
left of this
webpage!

Jobs People
Do

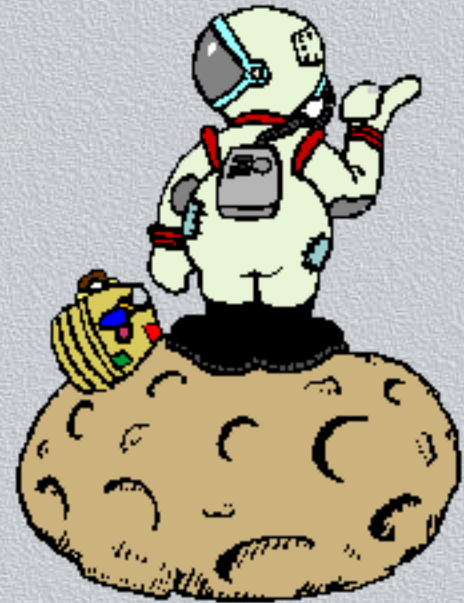


Jobs People Do

- Learn about what people do at work and how they make our world a better place.



What Do
They Do?



Wow Careers!



- See what people "on the job" say about your dream career!

**WOW
Careers!**



Lifestyle



- In thinking about your future, you must consider what's important to you in your daily life. What would you think about a career that required a great deal of travel? Is the amount of money you make important to you?



Lifestyle



- How would you feel about a job that required you to move on a regular basis? What hours of the day—or night—will you be working? Choose three or four aspects of your future lifestyle that are most important.



Read



- Ask your school librarian to help you find books on careers that might match your interests and abilities. Many publications can provide you with information about careers that you may never have considered.



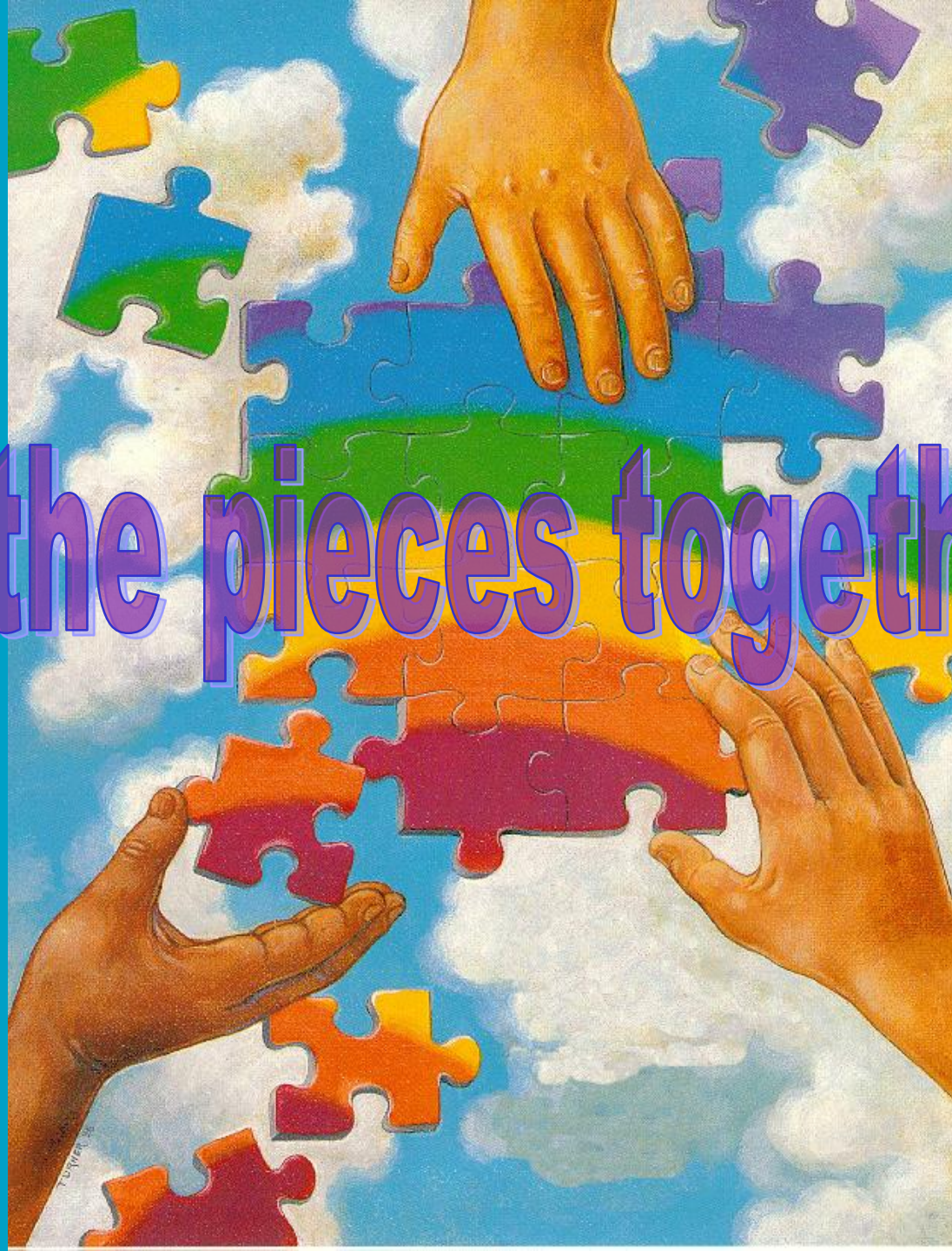
Talk



- Visit with your counselor about your interests and abilities. Find out if your school offers tests or interest inventories that can assess your skills and interests. Some schools also have computer software programs that assist with career exploration.



Put the pieces together.



Resources

These Internet sites can provide career information and were used in this presentation.

- [Ready, Set, Go](#)
- [Middle School Students Start Off Right](#)
- [Career Test](#)
- [BLS Career Information](#)
- [Job Star Central](#)
- [First Gov for Kids](#)
- [Careers 2001](#)
- [Career Info Net](#)
- [interest assessment](#)
- [Jobs People Do](#)
- [What Do They Do?](#)
- [Wow Careers!](#)
- [Career Education](#)
- [Interactive Learning Network](#)

