

Name: _____ Index No _____

7013
CHILD HEALTH, NUTRITION,
GUIDANCE AND COUNSELLING
DECEMBER 2010
Time: 2½ hours

Candidate's signature _____

Date: _____

THE KENYA NATIONAL EXAMINATIONS COUNCIL
CERTIFICATE IN EARLY CHILDHOOD DEVELOPMENT
AND EDUCATION

CHILD HEALTH, NUTRITION, GUIDANCE AND COUNSELLING

2½ hours

INSTRUCTIONS TO CANDIDATES

Write your name and index number in the spaces provided above.
Sign and write the date of examination in the spaces provided above.
This question paper has **TWO** sections: A and B.
Answer **ALL** the questions in section A.
Answer any **FOUR** questions in section B.
Answers to both sections A and B must be written in the spaces provided in this booklet.
Do not remove any papers from this booklet.

For Official Use Only

Section	Questions	Maximum Score	Candidate's Score
A	1	10	
	2	10	
	3	10	
	4	10	
B		15	
		15	
		15	
		15	
Total Score		100	

This paper consists of 12 printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A (40 marks)

Answer ALL the questions in this section in the spaces provided.

- 1 (a) Give **four** maternal services offered in the antenatal clinics in the community. (4 marks)

- (b) Identify **four** reasons that may hinder mothers from seeking maternal and child health care services in Kenya. (4 marks)

- (c) Suggest **two** ways in which maternal and child healthcare services can be made available in the remote areas of Kenya. (2 marks)

2. (a) Write IDD in full. (2 marks)

(b) (i) Explain what is meant by PEM. (2 marks)

(ii) Outline **six** ways in which PEM may negatively affect learning in an Early Childhood Development and Education (ECDE) centre. (6 marks)

3. (a) Identify **four** ways in which UNICEF promotes Early Childhood Development and Education in Kenya. (4 marks)

- (b) Explain **three** ways in which a large family may negatively affect the nutritional status of a pre-school child. (3 marks)

- (c) List **three** symptoms of polio myelitis in young children. (3 marks)

4. (a) Define social guidance. (2 marks)

- (b) Outline **five** table manners that should be taught to pre-school children. (5 marks)

- (c) Give **three** ways in which a teacher would promote self-awareness among pre-school children. (3 marks)

SECTION B (60 marks)

Answer any **FOUR** questions from this section in the spaces provided after question 9.

5. (a) Explain **five** causes of malnutrition in young children. (10 marks)
- (b) State **five** ways in which the community would reduce the occurrence of malnutrition in young children. (5 marks)
6. (a) Identify **five** symptoms in a child infected with HIV and AIDS. (5 marks)
- (b) Discuss **five** challenges faced by caregivers who are living with children infected with HIV and AIDS. (10 marks)
7. (a) Give **five** reasons that makes it necessary for an ECDE teacher to give a child guidance on time management. (5 marks)
- (b) (i) Outline **five** advantages of individual counselling in an ECDE centre. (5 marks)
- (ii) Give **five** ways in which an ECDE teacher would identify a child who requires counselling. (5 marks)
8. (a) Identify **six** ways in which pre-school management would promote road safety in an ECDE centre. (6 marks)
- (b) (i) State **five** ways in which an ECDE teacher would offer First Aid to a child with a foreign body in the eye. (5 marks)
- (ii) Outline **four** responsibilities of a teacher as a first aider in a classroom accident. (4 marks)
9. (a) Explain **five** school practices that can lead to truancy in an ECDE centre. (10 marks)
- (b) Suggest **five** ways in which a teacher would help a truant in an ECDE centre. (5 marks)