

**SIGNAL EXAMS 2020**  
**THIRD K.C.P.E. SIGNAL**  
**ENGLISH**  
**SECTION A:**  
**LANGUAGE**

Time: 1 hour 40 minutes

**READ THESE INSTRUCTIONS CAREFULLY**

1. You have been given this question booklet and a separate answer sheet. The question booklet contains 50 questions.
2. Do any necessary rough work in this booklet.
3. When you have chosen your answer, mark it on the **ANSWER SHEET**, not in this question booklet.

**HOW TO USE THE ANSWER SHEET**

4. Use only an ordinary pencil.
5. Make sure that you have written on the answer sheet:  
**YOUR INDEX NUMBER**  
**YOUR NAME**  
**NAME OF YOUR SCHOOL**
6. By drawing a **dark line** inside the correct numbered boxes mark your full Index Number (i.e. School Code Number and the three-figure Candidate's Number) in the grid near the top of the answer sheet.
7. Do not make any marks outside the boxes.
8. Keep your answer sheet as clean as possible and **DO NOT FOLD IT**.
9. For each of the Questions 1 – 50 four answers are given. The answers are lettered A, B, C, D in each case only **ONE** of the four answers is correct. Choose the correct answer.
10. On the answer sheet show the correct answer by drawing a dark line inside the box in which the letter you have chosen is written.

**Example**

For question 25, choose the correct preposition to complete the sentence.

25. The mob was very angry \_\_\_\_\_ the policeman's decision.
- A. at
  - B. for
  - C. of
  - D. with

The correct answer is **D (with)**

5. | A | B | C | D |    15. | A | B | C | D |    25. | A | B | C | **D** |    35. | A | B | C | D |    45. | A | B | C | D |

On the answer sheet

In the set of boxes numbered 25, the box with letter **D** printed in it is marked.

11. Your **dark line MUST** be within the box.
12. For each question **ONLY ONE** box is to be marked in each set of four boxes.

This question paper consists of 7 printed pages

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TURN OVER

**Read the passage below. It contains blank spaces numbered 1-15. For each blank space, choose the best alternative from the choices given.**

Listening is a 1 and good listeners usually end up giving 2 responses to questions 3. If one has no 4 to listen, there is a very high chance that he too is not 5 to give instructions that can be followed with ease. When one is talking 6 you, you need to pay full attention 7 there are cases 8 body language is used to complement the spoken 9. The speaker 10 pronounce every single word well and clearly. If he fails to 11 so, the 12 could mislead the listener to give a response that is 13 expected. Some people also get affected 14 mother-tongue or first language influence. When being spoken to, 15 directly at the speaker as this too aids the listening.

- |                      |              |                  |               |
|----------------------|--------------|------------------|---------------|
| 1. A. lesson         | B. study     | C. skill         | D. trade      |
| 2. A. less           | B. share     | C. some          | D. accurate   |
| 3. A. said           | B. asked     | C. suggested     | D. stated     |
| 4. A. reason         | B. order     | C. time          | D. patience   |
| 5. A. certain        | B. likely    | C. usual         | D. acceptable |
| 6. A. to             | B. with      | C. like          | D. among      |
| 7. A. although       | B. therefore | C. because       | D. however    |
| 8. A. when           | B. if        | C. before        | D. where      |
| 9. A. ideas          | B. words     | C. things        | D. speech     |
| 10. A. could         | B. would     | C. might         | D. should     |
| 11. A. pronounce     | B. say       | C. do            | D. try        |
| 12. A. pronunciation | B. sound     | C. pronunciation | D. hearing    |
| 13. A. last          | B. really    | C. least         | D. obviously  |
| 14. A. with          | B. by        | C. to            | D. at         |
| 15. A. observe       | B. see       | C. peep          | D. look       |

For questions 16 and 17, select the alternative that best fills the blank space in the sentences below.

16. They had just reached their destination, \_\_\_\_\_?

- A. had they
- B. did they
- C. hadn't they
- D. didn't they

17. We hardly make noise in class, \_\_\_\_\_?

- A. don't we
- B. isn't it
- C. is it
- D. do we

For questions 18 to 20, choose the alternative that can best replace the underlined phrase.

18. The hospital could not **put up with** the noise in the neighbourhood.

- A. tolerate
- B. believe
- C. accept
- D. take

19. Tim **made up his mind** to stop smoking.

- A. planned
- B. said
- C. decided
- D. imagined

20. It is not good to **look down upon** your classmates.

- A. hate
- B. abuse
- C. ignore
- D. despise

In questions 21 and 22, choose the alternative that is correctly punctuated.

21. A. "Good morning teacher," said Limo, "how are you."

B. "Good morning teacher" said Limo. "how are you?"

C. "Good morning, teacher, said Limo. How are you.?"

D. "Good morning, teacher," said Limo. "How are you?"

22. A. Its' not easy to see Moses childrens old shoes.

B. It's not easy to see Moses' children's old shoes.

C. Its not easy to see Moses childrens' old shoes.

D. It's not easy to see Moses's childrens old shoes.

For questions 23 to 25, choose the alternative that means the opposite of the underlined word.

23. Some parts of Nairobi are **safe** even at night.

- A. harmful
- B. secure
- C. risky
- D. dangerous

24. The judge found his answer **reasonable**.

- A. unsatisfactory
- B. incorrect
- C. sensible
- D. unacceptable

25. The boarding teacher **forbade** the pupils to keep cooked food in the dormitories.

- A. encouraged
- B. allowed
- C. advised
- D. told

**Read the passage below and then answer questions 26 to 38.**

When the visitors finally left, it was a relief to all of us. The preparation for their coming had made us both tired and kind of slaves. We worked almost the entire day; clearing paths, removing stumps and stones which could accidentally make a guest fall. The girls and women were not lucky either. They scrubbed walls with a mixture of soil and fresh cow-dung, went on numerous trips to the river, smoked and dried both meat and fish and borrowing utensils from homes where **real ones** were known to be.

The suitors of Wiro were coming home and our family wanted to make a lasting impression on them. It was estimated that the group could comprise at least fifteen people so, all arrangements were to serve at least that number. In advance, a group had been identified to go and receive them at the market place and lead them home as this was the norm. The group was carefully selected; young beautiful ladies and handsome young men who either knew how to ride or push bicycles.

Mother had set rules but they were normal to us. Whenever visitors were at home; our mode of dressing would change, our language would be different, our play and eating place would also change and we would only appear home when called. It had always been observed even at our neighbours' homes so it wasn't an issue to us.

The day the visitors were to arrive, we were woken up at **dawn** and asked to obey all the laid down rules to the latter. Cooking and arrangement of seats started early and interestingly, Wiro too, was being made to look more beautiful in another hut; we wondered what the three women were actually doing to her. After our breakfast, we took off but we really wanted to see how the visitors looked so, we played at Nana's home.

It was approaching mid-day when we saw the welcoming party trooping back. At first, I was unable to see the visitors but three bicycles, one of which resembled my father's old rickety bicycle, were easy to see. Then, I saw three men. One of them was short and that alone was enough to make us laugh (but not loud at all). We were children but we swore he was shorter than all of us. The other, in an ill-fitting coat (looking as if borrowed) was huge and frightening even from a distance and the third one was slender and tall. We remarked that he could easily touch the top of our football cross-bar without straining. As they passed, we wondered who among them, was Wiro's husband-to-be. We then went down the valley far from home.

It was around four o'clock when hunger reminded us that we had not tasted a meal. As we approached our uncle's home, we were called loudly to hurry home. We thought we were going to be introduced to the visitors (and receive a sweet from each of them) only to be told to sit down, wash our hands and eat. We were served big chunks of meat and fish and it is this that made us realise that the visitors were a disappointment. They were only three in number while food was prepared for over twenty. We had to call the neighbouring children to eat with us then they were given some of the food to carry to their homes.

26. Why was the visitors' preparation so tiring?  
 A. They had been given a very short notice.  
 B. The home had been untidy for a long time.  
 C. They intended to impress the visitors.  
 D. It could have affected the marriage plans.
27. From the work that was being done in the home, it shows that  
 A. all the involved parties were up to the allocated tasks  
 B. the boys were given more work than the girls  
 C. there was little or no supervision  
 D. there was a lot of disorganisation.
28. The phrase '**real ones**' as used in the first paragraph means  
 A. where quality fish and meat were available  
 B. adequate number of utensils to serve all the invited  
 C. homes which kept utensils good enough for visitors  
 D. utensils that could be used for the visitors.
29. The number of visitors coming to the home  
 A. was confirmed very late  
 B. kept changing from time to time  
 C. could only be estimated  
 D. was more than they could handle.
30. Why was a special group identified to welcome the visitors home?  
 A. To keep them company on their way home.  
 B. To tell them what to expect once they reach home.  
 C. They had made the request to their host.  
 D. To help them carry goods to be taken to the family.
31. The rules mother had set were normal to the writer because  
 A. the mother always spelt new rules to them  
 B. they were meant for the visitors only  
 C. the writer was at liberty to follow them or not  
 D. it was not the first time to hear the rules.
32. Why were the children expected to change their mode of dressing and playing?  
 A. To enable the visitors learn something new.  
 B. To impress the visitors.  
 C. They were ever untidy.  
 D. To ensure they get free sweets.
33. What do you think was being done to Wiro inside the house?  
 A. Plaiting the hair.  
 B. Being taught how to walk before the visitors.  
 C. Being given new set of rules to follow.  
 D. Being told how to respond to questions from the visitors.
34. The word '**dawn**' has been used in the fourth paragraph. It refers to  
 A. the time when people wake up  
 B. the time when the sun rises  
 C. just around daybreak  
 D. when the sun sets.
35. Why were the boys unable to see visitors as they arrived?  
 A. Probably their number was too small.  
 B. The bicycles attracted their attention.  
 C. They were too far away from the visitors.  
 D. They were afraid of the welcoming party.
36. The height of the two visitors mentioned in the passage can best be described as  
 A. parallel  
 B. diminishing  
 C. varying  
 D. contrasting.
37. What shocked the boys most upon being called was the  
 A. time when they were called to eat  
 B. quantity of food they were served  
 C. place they were made to sit in order to eat  
 D. way they were called to go and eat.
38. In the end, we learn that  
 A. the food was consumed by even the outsiders.  
 B. the suitors took a very short time at the home  
 C. Wiro changed her mind against the marriage plans  
 D. the suitors left soon after four o'clock.

Read the passage below and then answer questions 39 to 50.

Weight gain can be associated with hormonal conditions, mood disorders or other physiological factors. A sudden and unexplained weight gain could be your body's way of signaling an underlying problem which needs to be addressed. For the sake of health and long-term well-being, it is important to differentiate between a few harmless extra kilos and a fluctuation which could be hiding a bigger problem. You can only be certain if you consult a doctor.

If your weight has suddenly gone up but you have not changed your eating or exercising habit, you should consider seeing a doctor fast. The first problem, especially among women, is a thyroid disorder. It refers to an underactive thyroid. The thyroid controls several body functions and your body digestion. If you are not producing enough thyroid hormone, your body can't burn as much energy. Symptoms appear throughout your body system which include weight gain, exhaustion, drier skin, thinner hair, bloating, muscle weakness, constantly feeling cold and constipation. Once a doctor confirms this, you can be given a prescription that can relieve the signs within weeks.

Sleep deprivation can negatively impact both your metabolism and your hunger hormones. Sleeping too little increases ghrelin, the hormones that signal the body that it is time to eat, while lowering leptin, the hormones that say you are satisfied. The result is increased craving for snacks for more energy throughout the day. Insomnia increases the impulsive eating. It therefore means the right amount of sleeping could mean consuming up to ten fewer grams of sugar throughout the day.

Weight gain around your belly as opposed to your lower body or other areas can be more dangerous to your health. In some cases, excess fat can also inflate your abdomen, making you look healthy while in actual sense, it is the opposite of that. Some of such fats can become cancerous. In addition to weight gain, other symptoms include tumors, lower back ache, constipation and other complications. These signs are common for other conditions as well so, it's worth confirming with a doctor to rule out any possible complications.

Depression and anxiety can result in fatigue, lack of focus and irritability. Some people are able to cope with anxious or sad feelings by mindlessly munching on food they don't really need. Additionally, chronic stress throws your body into fight-or-flight mode, leading to a surge of adrenalin, as well as a heavy dose of hormones that are responsible for restoring energy reserves and storing fat.

39. According to the first paragraph, weight gain
- should have a specific reason behind it
  - is a sure sign of ill-health of a person
  - should be ignored if it does not make one sick
  - must always be addressed irrespective of the cause.
40. What is likely to happen if a person's weight consistently keeps increasing?
- His health could be changing for the better.
  - He could suddenly start losing weight.
  - He may need a medical check-up.
  - He could start associating with the right people.
41. Not all weight gains are dangerous
- except for the person who is not aware
  - since being fat does not signal sickness
  - unless the doctor confirms so
  - as everyone strives to be fat.
42. Why does your body require thyroid hormones?
- To alert you when you are gaining weight.
  - For the body to reduce weight automatically.
  - It is effective in storing body energy.
  - To control several body functions.
43. Which of the following four words would best describe the symptoms of inadequate thyroid hormone?
- Constant
  - Varied
  - Limited
  - Negligible.
44. The positive aspect of lack of thyroid hormones is that it
- is not life threatening
  - does not bring weight gain
  - disappears after sometime
  - is easy to treat.
45. One should not sleep for a very short time because
- it affects the hormones associated with eating
  - the affected would always look sleepy
  - it could cause sudden weight gain
  - food is digested while we sleep.
46. Why is it dangerous to crave for snacks?
- Snacks are very expensive.
  - It gives the body little energy.
  - We don't need snacks at all.
  - They give the body too much energy.
47. A healthy person should
- have weight gain around the belly
  - not gain weight at all
  - look fat around the lower body
  - keep gaining and losing weight.
48. If one has tumors, lower back-ache and constipation, it could be that he
- suffers from cancer
  - is gaining weight too fast
  - has not managed to identify his problems
  - needs to see a doctor to confirm his health state.
49. Sad feelings and anxiety
- are the main causes of heart diseases
  - affects only those who are sleep deprived
  - do not affect all people in the same way
  - make people change their eating habits.
50. The best summary for this passage would be
- It's not worth trying to keep yourself fat free.
  - Some medical conditions can become dangerous.
  - Weight gain is not life-threatening
  - You need to avoid specific food to stay healthy.

**NB: For a comprehensive revision in English get yourself a copy of 'SIGNAL K.C.P.E REVISION ENGLISH' from Signal Publishers. AVAILABLE AT BOOKSHOPS COUNTRYWIDE.**