

sequential flow

5. Relevance	(2 marks)
6. Handwriting	(1 mark)
7. Conclusion	(2 marks)
Total	20 marks

COMPREHENSION (20 marks)

- (a) Persons at risk of contracting HIV/AIDS
 - Highly educated
 - Well informed people
- (b) - Life
 - Death
- (c) They take big risks because they lack self-control in the matters of sexuality.
- (d) Monster is the metaphor
 - It means something that is scary and destroys.
- (e) Three stages go through for behaviour change:
 - i) Know and own the present reality.
 - ii) Choose and commit oneself to possible new behaviour.
 - iii) The actions to bring about change.
- (f) Positive attitude in the sense that change is necessary and we have the capacity to change.
- (g) Power within one's own decision to embrace change while power without is influenced for change from outside him/her.
- (h) Meaning of the words used
 - Defensive – Give excuses or justification for what is happening.
 - Challenge – taking responsibility of the situation in order to change.
 - Sustain – keep it on without stopping.
 - Pandemic – condition or state of.
 - Convinced – persuaded for change of direction.

SECTION C – SUMMARY (20 MARKS)

EXERCISE AND WEIGHT CONTROL

Summary (4 points x 3 marks) = 12

- When one eats more calories, he puts on weight unless physical activities increase proportionally.
 - Increased physical activities can be as important as decreasing food intake.
 - Lack of exercise is the most important cause of obesity in the modern mechanized society.
 - 30 minutes of moderate exercise can result in loss of 25 pounds in one year.
 - Lack of physical activity is the cause of overweight than over eating.
 - To keep a firm figure, eat a balanced diet and exercise regularly. Meanwhile those who wish to gain weight should exercise and eat a lot.
 - Get exercise from enjoyable activities such as sports, walking, gardening etc.
- N/B The final copy must be written in continuous prose

(b)

- i) Age of the person
- ii) Weight of the person
- iii) Level of one's interest
- iv) Accessibility of the activity
- v) Regularity of the activity (4 points x 2)

N/B Answers must be in point form

GRAMMAR

(20 MARKS)

(a)

- i. is – was
- ii. peoples – people
- iii. competition – competitions
- iv. price – prize
- v. use – used
- vi. nowadays – nowadays
- vii. know – knows
- viii. any race, even if (comma)
- ix. ran – run
- x. beating - beat

(b)

- i. Arrived
- ii. Hoped
- iii. A few
- iv. Charges
- v. Everybody

(c)

- i. We will not be allowed to travel at night, will we?
- ii. Most people enjoy eating **meat**
- iii. This tea is too hot for my liking.
- iv. The nets were bought by the fisherman. Or the nets were bought.
- v. Anne said that the play would be staged the following day at the National Theatre.

(5 marks)