GRADE 1

* **HYGIENE AND NUTRITION ACTIVITIES**

NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLASS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AVERAGE GRADE

AVERAGE POINTS

**HYGIENE AND NUTRITION ACTIVITIES**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **RATE THE CHILDS ABILITY TO:** | * **INDICATE CHILD’S PERFORMANCE IN EACH QUESTION (use red pen)** | | | | |
| **QSN** | **The child can…** | **EXCEEDING EXPECTATION** | **MEETING EXPECTATIONS** | **APPROACHING EXPECTATIONS** | **BELOW EXPECTATION** |  |
| 1 | Name any two healthy habits.  a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  What is the name of the first teeth a baby grows?  a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Identify the forms of medicine  a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Name materials used to wash our bodies.  a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |  |
| 2 | What is a latrine and what is a toilet?  Name two toileting behaviours.   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   Why do we eat food?  a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Name two foods that are green in colour.  a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  How does a rotten egg smell? |  |  |  |  |  |
| 3 | Name two good eating behaviours.  a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Where do we buy food?  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Why do we clean fruits before eating?  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Where do we buy meat?  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |  |
| 4 | 1. What accidents can happen in the house?      1. What is drowning? 2. What causes accidents at home? 3. Identify dangerous chemicals at home |  |  |  |  |  |
| 5 | What is a first aid kit?  What is first aid?  What is in the first aid kit?  How do you wash hands? |  |  |  |  |  |
| **Remarks:** | | | | | | |