

GRADE ONE HYGIENE AND NUTRITION SCHEME OF WORK TERM THREE YEAR 2018

WE EK	LESSON	STRAND	SUB STRAND	SPECIFIC LEARNING OUTCOMES	KEY INQUIRY QUESTIONS	LEARNING EXPERIENCES	LEARNING RESOURCES	ASSESSMENT	REFLECTION
1	1	Safety Education	Common accidents at home Common accidents at home	By the end of the lesson, the learner should be able to: name common accidents at home	What are some of the accidents at home?	Learners are guided to identify accidents at home like falls, cuts, drowning, suffocation, choking electrocution, burns	Realia charts	Observation Oral questions	
	2		Common accidents at home	By the end of the lesson, the learner should be able to name common accidents at home :	What are some of the accidents at home?	Learners are guided to identify accidents at home like falls, cuts, drowning, suffocation, choking electrocution, burns	Realia charts	Observation Oral questions	
2	1		Common accidents at home	By the end of the lesson, the learner should be able to: mention causes of accidents at home,	What causes accidents at home	Learners are guided to state the causes of accidents at home such as sharp edges, slippery floors, vegetable/fruit peelings, broken glass, uncovered pits, rough floors, poorly arranged furniture, electricity sockets and the naked flame	Realia charts	Observation Oral questions	
	2		Common accidents at home	By the end of the lesson, the learner should be able to mention causes of	What causes accidents at home	Learners are guided to state the causes of accidents at home such as sharp edges, slippery	Realia charts	Observation Oral questions	

				accidents at home, :		floors, vegetable/fruit peelings, broken glass, uncovered pits, rough floors, poorly arranged furniture, electricity sockets and the naked flame			
3	1		Common accidents at home	By the end of the lesson, the learner should be able to: identify ways of preventing accidents at home,	What causes accidents at home	Learners are guided to identify accidents at home like falls, cuts, drowning, suffocation, choking electrocution, burns	Realia charts	Observation Oral questions	
	2		Common accidents at home	By the end of the lesson, the learner should be able to: identify ways of preventing accidents at home,	What causes accidents at home	Learners are guided to identify accidents at home like falls, cuts, drowning, suffocation, choking electrocution, burns	Realia charts	Observation Oral questions	
4	1		Common accidents at home	By the end of the lesson, the learner should be able to: appreciate the importance of preventing accidents at home	How can we prevent accidents at home?	Learners are guided to identify accidents at home like falls, cuts, drowning, suffocation, choking electrocution, burns	Realia charts	Observation Oral questions	
	2		Common accidents at home	By the end of the lesson, the learner should be able to:	How can we prevent accidents at	Learners are guided to identify accidents at home like falls, cuts,	Realia charts	Observation Oral questions	

				appreciate the importance of preventing accidents at home	home?	drowning, suffocation, choking electrocution, burns			
5	1		Dangerous chemicals at home	By the end of the lesson, the learner should be able to name some dangerous chemicals found at home	Which are some of the dangerous chemicals used at home?	Learners are guided to identify dangerous chemicals used at home (detergents and cleaning agents, kerosene, pesticides, insecticides)	Realia charts	Observation Oral questions	
	2		Dangerous chemicals at home	By the end of the lesson, the learner should be able to mention the dangers caused by chemicals used at home	Which are some of the dangerous chemicals used at home?	Learners mention the dangers caused by chemicals used at home	Realia charts	Observation Oral questions	
6	1		Dangerous chemicals at home	By the end of the lesson, the learner should be able to embrace the need to avoid handling dangerous chemicals used at home to ensure safety	What are some of dangers caused by these household chemicals	Learners can draw and colour some of the dangerous chemicals at home using pencils, colours, crayons and computing devices	Realia charts	Observation Oral questions	
	2		Dangerous chemicals at home	By the end of the lesson, the learner should be able to embrace the need to avoid handling	What are some of dangers caused by these household chemicals	Learners can draw and colour some of the dangerous chemicals at home using pencils, colours, crayons and	Realia charts	Observation Oral questions	

				dangerous chemicals used at home to ensure safet		computing devices			
7	1		Simple First Aid	By the end of the lesson, the learner should be able to state reasons for carrying out First Aid to an injured person	Why do we do First Aid on an injured person?	Learners mention reason for carrying out First Aid on an injured person	Realia charts	Observation Oral questions	
	2		Simple First Aid	By the end of the lesson, the learner should be able to Identify contents of a First Aid kit	Why do we do First Aid on an injured person?	Learners are guided to identify contents of a First Aid kit.	Realia charts	Observation Oral questions	
8	1		Simple First Aid	By the end of the lesson, the learner should be able to Practice simple First Aid for minor cuts and wounds.	Why do we do First Aid on an injured person?	The learners are guided to role play simple First Aid for cuts and wounds	Realia charts	Observation Oral questions	
	2		Simple First Aid	By the end of the lesson, the learner should be able to Practice simple First Aid for minor cuts and wounds.	Why do we do First Aid on an injured person?	The learners are guided to role play simple First Aid for cuts and wounds	Realia charts	Observation Oral questions	

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