

# MONITORING LEARNER'S PROGRESS GRADE TWO - 2021

## HYGIENE AND NUTRITION ACTIVITIES

NAME: \_\_\_\_\_

1. Name three bad oral habit
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
2. Name two unhealthy food to our bodies
  1. \_\_\_\_\_
  2. \_\_\_\_\_
3. Name three personal items
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
4. Give four things we get from plants
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
5. Litter and rubbish should be thrown in the \_\_\_\_\_
6. Name four types of medicine.
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
7. List four wastes found in the classroom
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
8. Name four materials used to clean utensils
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
9. Name items found in first aid kit
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
10. List four common accidents at home
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_

11. List any four basic taste

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

12. We clean our teeth with \_\_\_\_\_ and \_\_\_\_\_

13. Name four good oral habit

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

14. Name four room found in the house

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

15. Name two importance of taking breakfast

1. \_\_\_\_\_
2. \_\_\_\_\_

16. Name three harmful drugs

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

17. A lemon has \_\_\_\_\_ taste.

18. A pepper has \_\_\_\_\_ taste.

19. A meat of fish is called \_\_\_\_\_

20. A meat of sheep is called \_\_\_\_\_

21. Name four things used for advertisement

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

22. Things that we do not share are called \_\_\_\_\_ items.

23. Bumps are caused by \_\_\_\_\_

24. Grazes are caused by \_\_\_\_\_

25. Pricks are caused by \_\_\_\_\_

#### ASSESSMENT RUBRIC

Exceeds Expectations	Meets Expectation	Approaching Expectation	Below Expectation