**ST. AUGUSTINE MUKUMU BOYS’ PRIMARY**

**HYGIENE & NUTRITION**

**GRADE 2 END TERM EXAM TERM 1 2019**

1. The meal we eat in the morning is called \_\_\_\_\_\_\_\_\_\_\_ (breakfast, lunch, dinner)
2. \_\_\_\_\_\_\_ is good for our teeth and bones (milk, soda, water)
3. A doctor who treats our teeth is called \_\_\_\_\_ (nurse, dentist, Colgate).
4. \_\_\_\_\_\_\_\_\_\_\_\_ gives us energy to learn and play. (breakfast, lunch, dinner)
5. Biting your fingernails and sucking your fingers are \_\_\_\_\_\_\_\_\_\_ oral habits. (good, bad, normal).
6. Candys, sweets and too much sugar are \_\_\_\_\_\_\_\_\_\_\_ for our teeth. (bad, good better)
7. We take a bath in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (bedroom, bathroom, kitchen).
8. We clean our houses to make them clean and remove \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (dirt, clothes, mats).
9. We eat our meals from the \_\_\_\_\_\_\_\_\_\_\_\_ room. (dining, sitting, living).
10. The items we use to cook and put food are called \_\_\_\_\_\_\_\_\_\_\_\_\_ (utensils, menu, racks).
11. We use soap and \_\_\_\_\_\_\_\_\_\_\_\_\_\_ water to wash utensils. (dirty, clean, contaminated).
12. After rinsing the utensils we put them on a \_\_\_\_\_\_ to dry. (sack, rack).
13. Oily utensils should be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in warm soapy water.

**Draw and colour the following**

1. A Sufuria
2. A kettle

1. \_\_\_\_\_\_\_\_\_\_\_ is bad to our health. It can cause diseases. (smoking, eating, grazing)
2. When people smoke around us we get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hand smoke.

(first, second, third).

1. We use \_\_\_\_\_\_\_\_\_\_\_\_\_ to make our sufurias clean. (colgate, steelwool, cotton wool).
2. Good oral habits keep our teeth healthy and \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (strong, shinny, glittering)
3. We should brush our teeth \_\_\_\_\_\_\_\_\_\_\_ every day. (twice, thrice, once)
4. Each room in the house should be used properly to avoid \_\_\_\_\_\_\_\_\_\_

(accidents, sharing, visitors).

1. Smoking can make the eyes to look \_\_\_\_\_\_\_(red, green, yellow).
2. Use \_\_\_\_\_\_\_\_\_\_\_\_\_ language to ask the people who smoke to stop smoking. (polite, bad, rude).
3. Eating \_\_\_\_\_\_\_\_\_\_\_\_ can make our teeth strong. (sweets, sugarcane, chocolate).
4. Most smokers in our village smoke \_\_\_\_\_\_\_\_\_\_\_\_\_ (Cigarettes, sprays, juice)
5. When l want to sleep. I go to the (kitchen, bedroom, and living room).
6. People who smoke \_\_\_\_\_\_\_\_\_\_\_\_\_ may have burnt finger nails. (cigarettes, sweets, juice)
7. Rats and cockroaches can come to our house if we keep it \_\_\_\_\_\_\_\_\_\_\_

(clean, dirty, painted)

1. I use a tooth brush, water and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to clean my teeth. (toothpaste, sand, tooth decay)
2. Knives, sufurias, pots, and plates are found in the \_\_\_\_\_\_\_\_\_\_\_\_ (kitchen, store, toilet).