GRADE 3

* HYGIENE AND NUTRITION ACTIVITIES

NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AVERAGE GRADE

AVERAGE POINTS

**HYGIENE AND NUTRITION**

|  |  |  |
| --- | --- | --- |
|  | **RATE THE CHILDS ABILITY TO:** | * **INDICATE THE CHILD’S PERFORMANCE IN EACH QUESTION (use red pen)**
 |
| **QSN** | **The child can…** | **Exceeding expectation** | **Meeting expectation** | **Approaching expectation**  | **Below expectation** |  |
| 1 | Name four foods that you like eating.a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_c.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_d.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |  |
| 2 | Name four foods that can be eaten raw.  |  |  |  |  |  |
| 3 | Name four food that you can take for breakfast. |  |  |  |  |  |
| 4 | Name four that are cooked before eating. |  |  |  |  |  |
| 5 | How many times should we brush our teeth in a day?Which foods are healthy for our teeth? |  |  |  |  |  |
| **Remarks:** |