**Kenya Certificate of Secondary Education**

 **441/3 - HOME SCIENCE - Paper 3**

 **(FOODS AND NUTRITION) (PRACTICAL)**

 **July/August 2019 - 13/4 hours**

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**Name............................................................ Index Number.................................**

**Candidate’s signature....................................Date..................................**

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**Instructions to candidates**

**PLANNING SESSION: 30 Minutes**

**PRACT ICAL TEST SESSION**: **11/4 hours**

1. Read the test carefully.
2. You are expected to use pages of the question paper as stationary for your work.
3. Write your name and index number on every sheet of paper used.
4. Text books and recipes may be used during the planning session as reference materials.
5. You will be expected to keep to your order of work during the practical session.
6. You are only allowed to take away your reference materials at the end of the planning session.
7. You are not allowed to bring additional notes to the practical session.
8. **Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no page is missing.**
9. **Candidates should answer the questions in English**

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**THE TEST**

Your classmates have come for a sleepover at your home. Using the ingredients listed below, prepare, cook and present breakfast for the three of you.

**Ingredients**

* Eggs
* Tea leaves /drinking chocolate
* Fat/oil
* Salt
* Sugar
* Self raising wheat flour/plain wheat flour
* Fruits in season

- Milk

**PLANNING SESSION- 30 minutes**

For each of the task listed below, use separate sheets of paper and a carbon paper to make duplicate copies then proceed as follows:

1. Identify the dishes and write down their recipes.

2. Write down your order of work.

3. Make a list of the foodstuff and equipment you will require.

 **Name…………………………………………………Index Number………../…….**

**441/3 Candidate`s Signature……….**

**HOME SCIENCE**

**(FOODS AND NUTRITION)**

 **Paper 3 Date…………………………**

**PRACTICAL**

**JULY/AUGUST 2019**

**11/4  hours**

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