

**COMPETENCY BASED CURRICULUM  
GRADE TWO MID TERM III 2018  
HYGIENE AND NUTRITION ACTIVITIES**

NAME _____	DATE _____
<p>1. We should keep our nails _____ (long, short, dirty)</p> <p>2. Draw a toothbrush. <div style="border: 1px solid black; width: 100px; height: 100px; margin: 10px 0;"></div></p> <p>3. I clean my body with water and _____ (leaves, soil, soap)</p> <p>4. After visiting the toilet I should wash my _____ (legs, hands, face)</p> <p>5. I use a _____ to clean my nose. (towel, handkerchief, earbud)</p> <p>6. If I dont have a toothbrush I should use a chewed _____ to clean my teeth. (pen, straw, stick)</p> <p>7. Before eating a fruit we must _____ it. (boil, wash, cook)</p> <p>8. I should take a bath every _____ (month, week, day)</p> <p>9. Eating too much _____ will spoil my teeth. (carrots, food, sweets)</p> <p>10. We wash handkerchiefs using water and _____</p>	<p>(sugar, soap, paraffin)</p> <p>11. Long dirty hair can attract _____ (houseflies, lice, mouse)</p> <p>12. Children should not play with a _____ (toy, razor blade, doll)</p> <p>13. We sleep in a _____ room. (kitchen, bed, living)</p> <p>14. Dirty legs can keep _____ (lice, jiggers, bedbugs)</p> <p>15. Dirty teeth cause a _____ smell. (nice, sweet, bad)</p> <p>16. Always wash your hands before _____ food. (swallowing, touching, chewing)</p> <p>17. At school I need water and _____ to learn well. (food, bed, blanket)</p> <p>18. Evey home must have a _____ (car, T.V, toilet)</p> <p>19. _____ should be kept away from children. (medicine, food, tea)</p> <p>20. There are _____ milk teeth. (20, 32, 10)</p> <p>21. When we play our bodies grow _____. (weak, strong, tired)</p>

22. We get \_\_\_\_\_ from bees.  
(sweets, sugar, honey)
23. A \_\_\_\_\_ is a dirty animal.  
(housefly, bee, butterfly)
24. A ripe pawpaw is \_\_\_\_\_ in colour.  
(red, yellow, white)
25. Clean water is \_\_\_\_\_ in colour.  
(red, colourless, black)
26. When I am thirsty I should take \_\_\_\_\_.  
(cigarette, water, beer)
27. \_\_\_\_\_ is a bad habit.  
(brushing teeth, biting nails, combing hair)
28. Drinking water must be \_\_\_\_\_.  
(cooked, boiled, washed)
29. We store water in a \_\_\_\_\_.  
(tank, car, bag)
30. We should handle food with \_\_\_\_\_ hands.  
(untidy, dirty, clean)
31. The hole of a pit latrine is covered to keep off \_\_\_\_\_.  
(good, smell, bad smell, people)
32. Food comes from plants and \_\_\_\_\_.  
(air, animals, stones)
33. Where there are dirty utensils you find many \_\_\_\_\_.  
(bees, birds, flies)
34. I can eat a \_\_\_\_\_ that is not cooked.  
(maize, carrot, bean)
35. In the morning we eat \_\_\_\_\_.  
(supper, breakfast, dinner)
36. If my teeth are paining I should see a  
(dentist, vet, optician)
37. We get \_\_\_\_\_ from a cow.  
(pork, wool, milk)
38. Apples and water melons are \_\_\_\_\_.  
(grains, fruits, vegetables)
39. Hygiene means \_\_\_\_\_.  
(good manners, cleanliness, dirt)
40. Boiling water will help us to \_\_\_\_\_ germs.  
(kill, add, cook)
41. Before swallowing food I should \_\_\_\_\_ it properly.  
(cook, roast, chew)
42. We prepare food in the \_\_\_\_\_.  
(toilet, washrooms, kitchen)
43. A \_\_\_\_\_ spreads Malaria.  
(mosquito, bee, wasp)
44. We get \_\_\_\_\_ and eggs from a hen.
45. We use \_\_\_\_\_ to clean our ears.  
(cotton buds, sticks, wire)
46. On a \_\_\_\_\_ day I drink a lot of water.  
(cold, rainy, hot)
47. I should never share a \_\_\_\_\_.  
(pencil, toothbrush, pencil)
48. I taste with my \_\_\_\_\_.  
(nose, ear, tongue)
49. Small babies feed on \_\_\_\_\_.  
(soda, juice, milk)
50. We eat the roots of a \_\_\_\_\_.  
(cabbage, carrot, sugarcane)