

## GRADE TWO

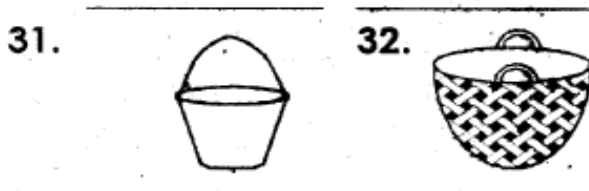
### HYGIENE AND NUTRITION ACTIVITIES

NAME:	
SCHOOL:	

1. We use a \_\_\_\_\_ to brush our teeth.  
(towel, toothbrush, toothpick)
2. Dirty utensils smell \_\_\_\_\_.  
(good, bad, sweet)
3. We bathe in the \_\_\_\_\_.  
(table room, kitchen, bathroom)
4. Sharing personal items makes us \_\_\_\_\_. (healthy, sick, good)
5. Food is served and eaten in the \_\_\_\_\_.  
(dinning room, kitchen, bedroom)
6. We find cockroaches in \_\_\_\_\_ houses. (clean, dirty, smart)
7. Dirty hair keeps \_\_\_\_\_.  
(jiggers, lice, ticks)
8. Eating breakfast makes our bodies \_\_\_\_\_.  
(sick, healthy, weak)
9. We should wash our hands \_\_\_\_\_ eating. (after, before, during)
10. We use a chewed stick and \_\_\_\_\_ when we do not have a tooth brush and tooth paste.  
(sugar, salt, honey)
11. A ripe mango tastes \_\_\_\_\_.  
(sour, sweet, bitter)
12. We should not talk with \_\_\_\_\_ in the mouth. (friend, food, brush)
13. Drinking dirty water makes us \_\_\_\_\_.  
(healthy, sick, good)
14. We should wash our hands after visiting the \_\_\_\_\_.  
(kitchen, toilet, church)  
Name three uses of water.
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. Diseases are caused by \_\_\_\_\_.  
(food, germs, water)
19. The food we eat in-between the main meals is called \_\_\_\_\_.  
(chips, salad, snacks)
20. Dirty nails keep \_\_\_\_\_.  
(lice, jiggers, fly)  
Name three fruits we eat.
21. \_\_\_\_\_
22. \_\_\_\_\_
23. \_\_\_\_\_
24. Kitchen is a place where we prepare our \_\_\_\_\_.  
(teeth, food, body)
25. After bathing we dry ourselves with a \_\_\_\_\_.  
(handkerchief, towel, soap)

26. When we fall sick we go to \_\_\_\_\_.  
(church, hospital, home)
27. \_\_\_\_\_ is my favourite food.
28. Always play \_\_\_\_\_ games.  
(safe, rough, dangerous)

Name the pictures.



33. We should not share \_\_\_\_\_.  
(food, towel, shoes)
34. We store food in a \_\_\_\_\_ and  
clean place.  
(warm, cool, hot)

Name two foods we cook  
before eating.

35. \_\_\_\_\_
36. \_\_\_\_\_
37. A fish gives us \_\_\_\_\_.  
(eggs, milk, meat)
38. A hen gives us eggs and \_\_\_\_\_.  
(milk, meat, honey)

Name two animals that are  
sources of food.

39. \_\_\_\_\_
40. \_\_\_\_\_

41. We eat breakfast, lunch  
and \_\_\_\_\_.  
(part time, supper, food)  
Name two types of urinals.

42. \_\_\_\_\_
43. \_\_\_\_\_

Read and draw foods we eat.

44. Carrot

45. Sweetpotato

46. Fish

47. Cabbage

48. Plant leaves are \_\_\_\_\_ in colour.  
(red, green, black)
49. A ripe tomato is \_\_\_\_\_ in colour.  
(pink, red, yellow)
50. We taste with our \_\_\_\_\_.