**COMPETENCE BASED ASSESMENT**

**GRADE 3 YEAR 2020**

 **(MONITORING LEARNERS PROGRESS)**

**HYGIENE AND NUTRITION ACTIVITIES TIME:**

NAME:

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LEARNER UPI: GENDER: BOY GIRL

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| No. of questions correct |  |  |  |
| Performance level |  |  |  |

SCHOOL NAME

***ANSWER ALL QUESTIONS IN THE SPACES PROVIDED***

1. We should brush our teeth after every \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(tea, meal)**
2. Taking sweet can make our teeth to? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**( decay, smell good)**
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a healthy habit?

**(urinating in bed, eating balance diet)**

1. We should visit the dentist when we have a problem with our?

**(eyes, teeth)**

1. We sleep at night in order to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(dream, rest)**
2. We take medicine when we are?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(healthy, sick)**

1. How many meals do we take in a day?\_\_\_\_\_\_\_\_\_\_**(2, 3)**
2. We go to the hospital when we are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**( hungry, sick)**

**Name the following parts of the body**

1. ****
2. ****
3. ****

**(ear, teeth, leg)**

1. Wounds found in the mouth are called?\_\_\_\_\_\_\_\_\_\_**(mouth sores, wounds)**
2. Name the item below

****

1. We use \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to clean our house. **(duster, broom)**
2. What type of dirt will be on a plate that had chicken soup?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(oily stain, starchy stain)**
3. Draw a picture of yourself cleaning a plate with an improvised material.
4. We should keep medicine a way from\_\_\_\_\_\_\_\_\_\_\_**( insects, children)**

**Name the following items**

**Syrup tablets ointment**

1. 
2. 
3. 
4. We keep our body fit by \_\_\_\_**(Exercising, eating)**
5. We can get diseases if we drink \_\_\_\_\_\_\_\_\_\_\_\_\_water.**(dirty, clean)**
6. We do not get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when we drink safe water. **(thirsty, illness)**
7. We can improvise \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to make toothbrush. **(plastic, stick)**