

# MONITORING LEARNER'S PROGRESS (CBC)

## GRADE ONE - YEAR 2021

### HYGIENE & NUTRITION ACTIVITIES

Name..... school.....

#### SUMMATIVE GRADING

Exceeding Expectation 31 - 50	Meeting Expectation 21 - 30	Approaching Expectation 11 - 20	Below Expectation 0 - 10

1. We wash our hands to \_\_\_\_\_.

(to be fit, remove germs)

2. We use \_\_\_\_\_ to clean our teeth.

(toothbrush, soap)

3. Teeth that we loose are called \_\_\_\_\_.

(milk teeth, permanent teeth)

Match the pictures with the names

4.



Towel

5.



Comb

6.



Soap

7. The medicine drawn below is called \_\_\_\_\_.



(tablets, syrup)

8. Boys use \_\_\_\_\_ to pass urine at school.

(urinals, bathrooms)

9. Dirty toilets keep \_\_\_\_\_. (flies, ants)

Which foods do we get from animals?

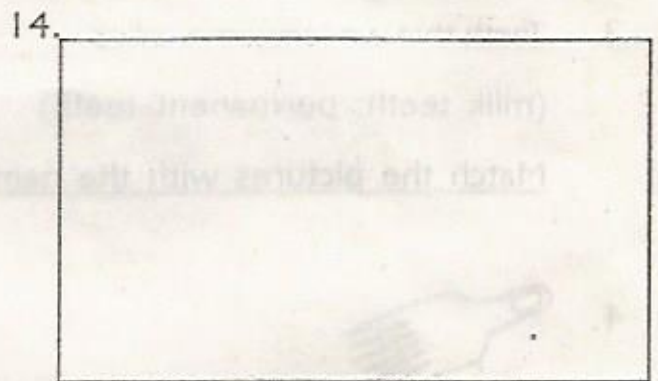
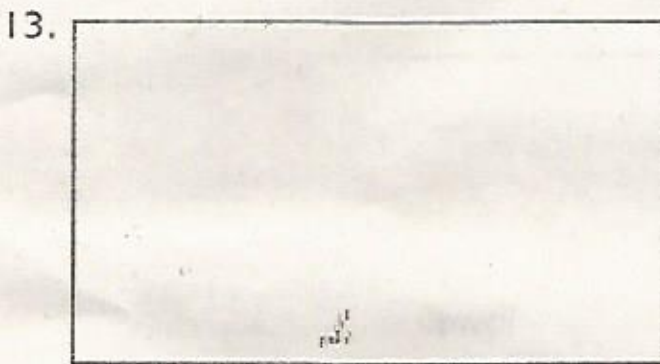
10. \_\_\_\_\_

11. \_\_\_\_\_

12. Which of these is a source of foods? \_\_\_\_\_

(Rocks, Plants)

Draw two foods you like



15. We eat to grow and \_\_\_\_\_.

(be healthy, sleep)

16. We should \_\_\_\_\_ hands after visiting the toilet.

(wash, dry)

17. Do not \_\_\_\_\_ food. (waste, eat)

18. We should wear \_\_\_\_\_ to avoid corona. (mask, handkerchief)

19. We use \_\_\_\_\_ to clean our nose. (handkerchief, towel)

20. \_\_\_\_\_ foods are not good for our teeth. (Sugary, Bitter)