

# MONITORING LEARNER'S PROGRESS (CBC)

## GRADE THREE - YEAR 2021

### HYGIENE & NUTRITION ACTIVITIES

Name..... school.....

#### SUMMATIVE GRADING

Exceeding Expectation 31 - 50	Meeting Expectation 21 - 30	Approaching Expectation 11 - 20	Below Expectation 0 - 10

1. (a) We have parasites found inside the body and outside the body. Among the following, which can be found inside the body? \_\_\_\_\_

(Tick, Lice, Flukeworm)

(b) Which among the following parasites is found outside the body?

\_\_\_\_\_

(Lice, Tapeworm, Roundworm)

2. How many times should we brush our teeth everyday? \_\_\_\_\_

(Once, Twice)

3. Teeth with holes have \_\_\_\_\_

(sores, cavities)

4. \_\_\_\_\_ checks and treats our teeth problems.

(Nurse, Dentist, Doctor)

5. What is bed wetting?

\_\_\_\_\_

(a) Drinking too much water

(b) Urinating on the bed

6. Bed wetting causes \_\_\_\_\_

7. List two hygienic practices after bed wetting;

(a) \_\_\_\_\_

(b) \_\_\_\_\_

8. Name three bedding materials;

(a) \_\_\_\_\_

(b) \_\_\_\_\_

(c) \_\_\_\_\_

9. A well made bed is \_\_\_\_\_

(a) neat and comfortable

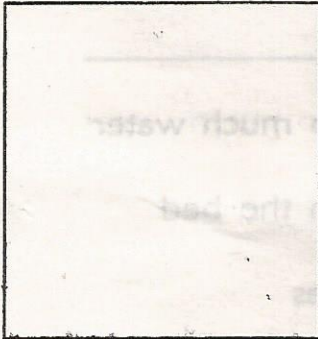
(b) shaggy and infectious

10. We use \_\_\_\_\_ to clean the classroom.

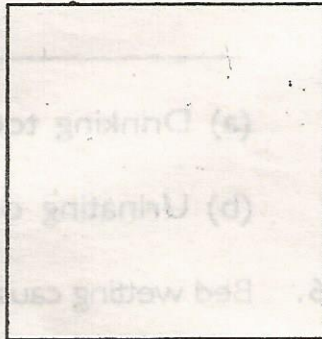
11. A clean classroom is free from

\_\_\_\_\_ and \_\_\_\_\_.

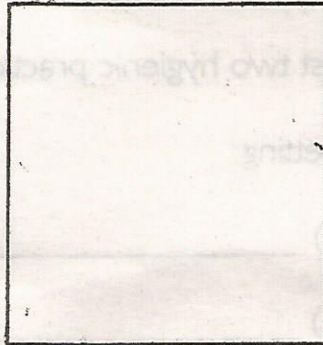
15. Draw



(a) A bucket



(b) A broom



(c) Gloves

12. Dirty toilets, latrines and urinals smell

\_\_\_\_\_.

13. \_\_\_\_\_ (Bees, Flies)

are found around dirty latrines.

14. When we fall sick, we go to see a doctor to give us

\_\_\_\_\_.

(poison, medicine, vegetables)

16. Using excess salt and sugar in food can lead to diseases such a \_\_\_\_\_.

(a) Malaria and cough

(b) High blood pressure and

diabetes

17. Name common kinds of food in your community.

(a) \_\_\_\_\_

(b) \_\_\_\_\_

(c) \_\_\_\_\_

18. Define food etiquette;

\_\_\_\_\_

(a) Licking fingers and talking while there is food in the mouth

(b) The way we behave when we take meals

19. Eating food while talking is

\_\_\_\_\_ table manners.

(good, bad, mannerisms)

20. When I have \_\_\_\_\_ in

my mouth, I should not talk.

(tongue, teeth, food)